



CAS October 2015 - January 2016

Environmental leadership course

Ark Eden's 2015-2016 CAS project will concentrate on developing leadership skills within a range of areas with all Creative, Action and Service components included in this major undertaking.

The principle component of this years CAS project will be to train you to manage and lead environmental-permaculture activities with groups of young students

Skills that you will acquire will include:

- Leadership, team work and communication
- Effective teaching and learning methods
- All element of safety required in transporting and managing groups of young children
- Researching, planning, time-tabling and other logistics for group activities
- Managing resources, setting up and down programmes
- Administering the back-end of programmes – registration/insurance/risk assessment/managing data-bank/ etc
- Documenting permaculture programme content
- Creating a Perma-scout blog and newsletter

The group of younger students you will be working with are part of our new 'Perma-scout' Saturday group where each week children aged 5 – 12 will be involved in outdoor permaculture workshops, activities and games. In order to help you learn the content for these activities, you will work with a range of experts including permaculturalists, ecologists, herbalists, carpenters, horticulturalists and educators who will help teach you about many subjects - several of which cannot be learned from books. These may include:

- Composting, worm farms, rooftop farming, mulching, planting, harvesting, seed saving, creating a food wall, aquaculture
- Outdoor survival skills, building a fire, emergency rain shelters, filtering water, making a solar oven
- Wild Food foraging
- Native tree maintenance on the hills
- Building construction and alternative building methods using sustainable materials.
- Best practice tool use and maintenance
- Structured and independent project design

This project is particularly designed for Diploma students needing to complete a CAS project as it involves regular collaboration over a significant duration of time - over 8 sessions in term one and term two. 15 dates are listed below to make allowances for students who may have prior commitments (CAS week/holidays/other activities) over the time period. All other year-bands however are welcome to join. Younger students can commit to an 8 week session or come on a one-day basis for as many sessions as they like. Every student needs to inform Ark Eden by 6pm on the Thursday before they come so insurance, staffing and materials can be arranged.

These activities cost \$250 per session which pays for tools and materials needed for the construction projects, staffing and personal insurance.

Meeting time and place: Mui Wo Ferry pier 9.40am

Directions:

1. Take the 9.10 ferry departing Central pier 6 going to Mui Wo.
2. 8.55am 3M bus from Tung Chung to Mui Wo ferry pier.

Return journey:

1. 4.10 ferry back to Central pier 6 (arriving 4.40pm)
2. 4.05 bus 3M to Tung Chung town centre

All students will need to bring

- A packed (green) lunch, snacks and water bottle
- wear casual clothes that they can get dirty and a hat (and perhaps bring a change of clothes)
- sunscreen and repellent, octopus cards
- swimming gear – for a half hour dip in the pool each time, weather permitting

Students must register with Jasmine: jasmine@arkedenonlantau.com

Please complete the form below if you would like to join this hands-on CAS project and mail it with your cheque, made out to Ark Eden Foundation Limited to Ark Eden, 11, Tung Hang Mei, Mui Wo, Lantau Island, as soon as possible.

Yours sincerely,
Jenny Quinton
Project Designer, Ark Eden Foundation

Application for Ark Eden's 2015-16 CAS Project

Name of student:	
Date of Birth:	

School:		Class:	
Mobile:			
Email:			
Parents Name:			
Parents Email:			
Parents Tel:			

Waiver

- **Administering the back-end of programmes – registration/insurance/risk assessment/managing data-bank etc**

I hereby certify that my child _____ is in normal physical and mental health and is capable of safe participation in the Ark Eden Foundation Programmes. I understand the types of activities my child will be participating in during the programme. I understand that there are inherent risks involved in physical activity, and whilst acknowledging that the greatest safety precautions will be undertaken by the Ark Eden Foundation organizers, I will not hold Ark Eden Foundation Ltd, or their staff responsible for any loss, injury or damage incurred as a result of participation in the programme. I authorize Ark Eden to take photographs during the programmes. These photographs may be used in promotional materials. I hereby authorize the Ark Eden Foundation organizers to obtain medical treatment for my child in the event that I cannot be reached. By signing this form I have read and fully understand this agreement.

**I (parents name).....give permission for my
childto participate in this Ark Eden 2015
CAS activity.**

He/she will attend on the following dates (Please highlight):

3rd Oct	10th Oct	17th Oct	31st Oct
7th Nov	14th Nov	21st Nov	28th Nov
5th Dec	12th Dec	19th Dec	9th Jan
16th Jan	23rd Jan	30th Jan	

**I enclose a cheque for \$1850 (\$250 per session for 8 sessions)
(or \$250 for a single Saturday for younger students)**

Bank and cheque number:.....

made payable to Ark Eden Foundation Limited

Parent's signature _____

Date: _____